

# **Blakeney Sailing Club -Sailing Instructions NWNSA 2016**

## **These should be read in conjunction with the NWNSA General Sailing Instructions**

Members who are less skilled or less experienced are expected to inform the Race Officer (RO) or Event Organiser (EO) before participating in a Blakeney Sailing Club organised event. The decision to sail remains with the member but the RO/EO 's decision is final as to whether the member can join in the event.

### **Racing**

1. **Races** will be sailed under the current ISAF Rules of Sailing, the RYA Prescriptions (except where stated) and the RYA Racing Charter.
2. **Decision to Race.** Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

RISK STATEMENT. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

3. **Intention to Enter a Race.** ALL COMPETITORS MUST COMPLETE AND SIGN THE 'INTENTION TO RACE' FORM with printed legible name, boat class, sail number, next of kin contact telephone number (if not already on record), on arrival at the BSC Club Hut and sign off before leaving.
4. **Minimum entries.** For any race 3.
5. **Starting line.** Is the line between the 'S' buoy outer limit mark (red buoy) and the red post displayed on the Committee boat. Boats start between the outer limit mark and the inner limit mark and may not start between the inner limit mark (white buoy) and the committee boat. Boats must not pass between the inner limit mark and the committee boat at any time after their preparatory signal. Race types may have different starting arrangements (e.g. Bank Start). After the start of the race the inner limit mark may be ignored.

No yacht shall race within the triangle formed by the starting line outer limits and the first mark during the 3 minutes before her starting signal unless she subsequently passes outside, round to leeward, of one of the marks at the end of the start line

6. **Course.** Board displayed on start boat or club hut indicating buoy sequence and direction of rounding. Large orange numeral on start boat indicates number of laps. Large white numerals at club hut indicate number of laps (when relevant).

7. **Marks of course.** Buoys are rigid yellow cones with black numerals except No. 14, which is a rigid yellow dome. The buoy marked X is a movable yellow inflatable buoy that can be used as the first mark of the course. Beacons are mostly blue/yellow top marks/drums, mounted on a pole and about 3 metres above the mud. They are marks of the course, which indicate shallow water, and must be rounded on the harbour side.

8. **Starting signals.**

Time	Action	Sound Signal	Meaning
6 minutes	Class flag hoisted	One	Warning Signal
3 Minutes	Code Flag 'P' hoisted	One	Preparatory Signal
0 Minute	Code Flag "P" Class Flag removed	One	Starting Signal

Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

9. **Recalls.** Rule 29 (ISAF Rules of Racing) will apply.
10. **Finish line.** Between post on Committee boat and outer limit mark (normally red buoy 'S'). Alternatively a line between the Cooke or Simm's posts in the Blakeney cut. In some circumstances a race may be between a patrol boat displaying a blue flag and a mark of the course
11. **Time limit.** To be classed as a finisher a competitors must complete the course within 1 hour after the first boat finishes.
12. **Retirements.** Any crews retiring should report their intentions to the Race Officer or patrol boat crew and all retiring boats must 'sign out' upon returning to Blakeney. Failure to do so may result in disqualification.
13. **Protests.** Should be reported to the Race Officer as soon as possible and no later than when the Race Officer leaves the Dinghy Park at the end of Racing. A fee of £10 is due.
14. **Insurance.** All boats are required to hold adequate insurance and in particular to hold and to continue to hold insurance against third party claims in the sum of at least £2,000,000 arising from any one incident.
15. **SAFETY.** ALL COMPETITORS MUST 'SIGN OFF' UPON RETURN TO BLAKENEY. Personal Flotation Devices (Rule 1.2) -each competitor is individually responsible for wearing a personal flotation device adequate for the conditions. Wet suits and dry suits are not deemed to be adequate buoyancy.